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| Olea europaea subsp. Africana (Mill) P.S.Green (folium) (Wild Olive Leaf) | 500 mg |
| Aspalathus linearis (Rooibos Tea) | 300 mg |

PRODUCT INFORMATION

SELA HIGH BLOOD TEA

Our **Sela High Blood Tea** with Olive Leaf has been specially formulated to support blood circulation.

TRADITIONALLY USED FOR:

- Blood pressure
- Heart health
- Blood flow

OTHER BENEFITS:

- Heart health
- Boosting immunity
- High blood pressure
- Reducing inflammation
- Blood circulation
- Reducing heart disease

DISCLAIMER:

If you suffer from a chronic medical condition, consult your healthcare practitioner before using the product.

If you are diabetic, have a heart condition, or use blood thinning medication, drink this product only under the supervision of a healthcare professional.

Stop drinking the product if you show any side effects to any of the ingredients. Discontinue use 2 weeks before any surgery.

***Available in a Tea Box 20's and Tea Pouch 16's.**

HOW TO MAKE SELA TEA:

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|  STEP 1 Boil water |  STEP 2 Add 1 teabag to cup |  STEP 3 Brew for 5-6 minutes |  STEP 4 Enjoy warm or cold |
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DIRECTIONS FOR USE:

For best results, drink 2 hours before or after medication and at least 1 hour before or after meals.

To maintain: Drink 1cup of tea 3 times a day, after meals.

Do not drink if you are pregnant or breastfeeding.

INGREDIENTS:

Each 1.7 teabag contains:

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| Camellia sinensis (Black Tea) | 900 mg |
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Manufactured by:

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